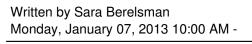
Just a Thought - Happy New Year!



Happy New Year!

January is about new beginnings. Starting over. Resolutions. I didn't make any last year. This year I want to. I'd like to quit smoking. I don't drink anymore, and I just smoke flavored cigars. But I'd like to quit. I'm being realistic about it. If I don't quit right away, I'm okay with that. I think by switching to electronic cigarettes full-time, I can do it.

I'd also like to start exercising and eating better. I always have the best of intentions when it comes to this. I think I'd feel better if I exercised regularly. Of course, I always start thinking this at the coldest time of the year. I'd love a treadmill. If not, I'll look into gym memberships.

I could also use another job. Something part-time, probably. Maybe a coffee shop or something. It also gives me writing material, the more I'm out in the world. Anyone out there hiring?

My biggest resolutions are keeping up what I've already started — not drinking, keep writing, etc. I have a hard time with commitment, so working on stuff I've started is huge. I procrastinate. I'd like to try to write every day. And of course, the drinking thing is always one day at a time. I got this.

More than anything, I want to work on making the most of my time here. I want to have fun learning experiences, spend time with my loved ones, read some good books ... nothing too crazy. I don't tend to get too caught up in resolutions, anyway. I try my best.

I'm off to exercise, eat a good lunch, and refrain from smoking.

So what are your New Year's resolutions?